



VAIDYAGRAMA

AYURVEDA HEALING VILLAGE

COIMBATORE, SOUTH INDIA

WWW.VAIDYAGRAMA.COM HEALING@PUNARNAVA.ORG



Vision

Sarve Bhavantu Sukhina:

‘May all be healthy and happy’

Mission

Vyadhyupasrshtanam Vyadhi parimokshaha
swasthasya rakshanam cha:

‘Nurturing the wellness, Healing the illness’

WELCOME TO VAIDYAGRAMA
AYURVEDA HEALING VILLAGE...




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Our Concepts

- Authentic, traditional Ayurveda made contemporary, without compromising core principles
- Created as per traditional Kerala architecture
 - Maximum natural materials & minimum chemicals used for construction & maintenance
 - Minimum energy usage, in association with Mother Nature
 - Reduce, Reuse, Restore & Recycle!
 - Live healthy; live simple; live happy; live well!

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An aerial photograph of a hospital complex. The central building has a prominent, multi-tiered, reddish-brown roof. It is surrounded by lush green trees and a perimeter wall of the same color. Other buildings with similar roofs are visible in the background.

Hospital is spread out in a 4.34 acres land...

Patients Block – 4524 Sq Ft X 9 = 40,626 Sq Ft

Physicians Block – 1839 Sq Ft X 3 = 5517 Sq Ft

Therapists Block – 1365 X 2 = 2730 Sq Ft

Pharmacy Block – 1365 X 1 = 1365 Sq Ft

Kitchen – 1365 Sq Ft

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Laundry Area – 960 Sq Ft

Electrical room – 1365 Sq Ft



**National Accreditation Board for
Hospitals & Healthcare Providers**
(Constituent Board of Quality Council of India)



- Our NABH ACCREDITATION gives you reassurance about the quality of care and facility in vaidyagrama!
- Vaidyagrāma, an expression of Punarnava Ayurveda, shares a common objective of creation and sustenance of global wellness through Ayurveda & other traditional medical knowledge systems..
- Together, the Founders have a combined experience of more than 60 years and 1.5 lakh patients with varied disorders.
- We continue on our Mission's journey to the Vision!



Dr. Ramkumar



Dr. J.M. Sampath



Dr. Kalpana Sampath



Dr. A.R. Ramadas



Dr. E.K. Ramanandan

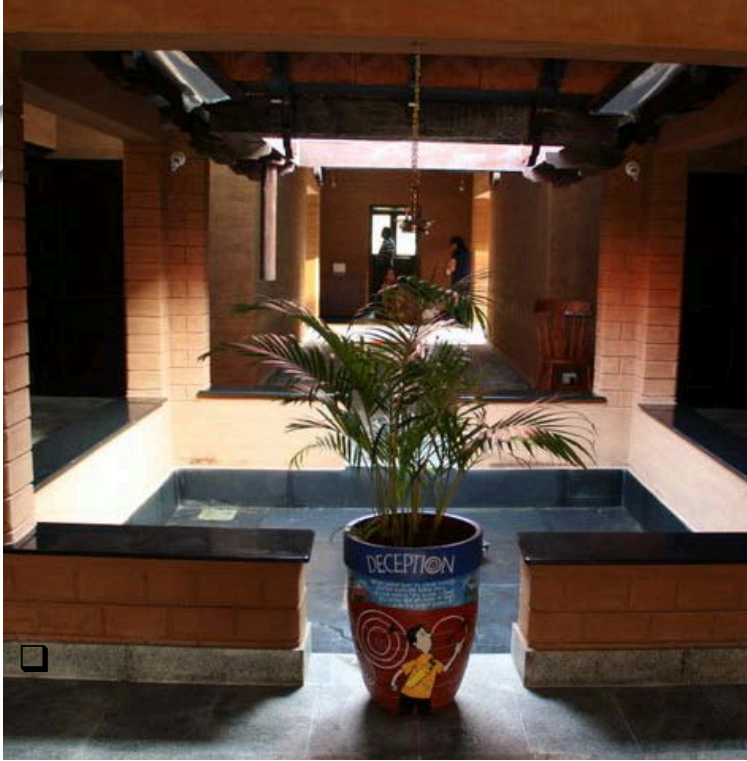


**Dr. K.K.
Harikrishnan**



**Our Vaidyas, Managers,
Therapists,
Housekeepers...
VAIDYAGRAMA
FAMILY!**





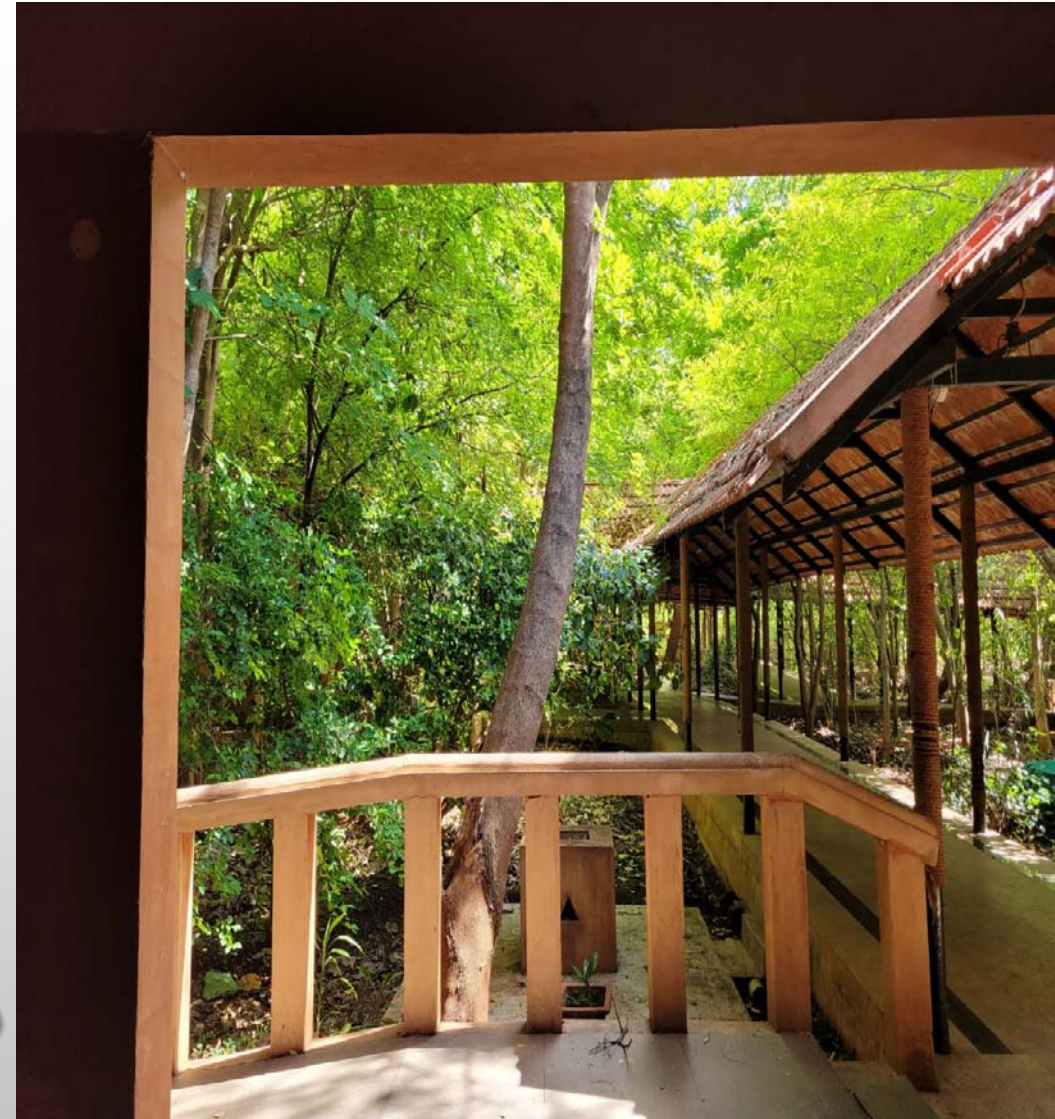
agrama
। सर्वे भवन्तु सुखिनः।

***48 Accommodation units in vaidyagrama now....**

- * Each patient block/ Illam is build in the form of 'Nalukettu' (open courtyard surrounded by four rooms)
- * Each room has a foyer, double bed room, bath and balcony



- ❑ Patients' rooms & spaces with proper ventilation & natural lighting...
- ❑ Spaces connected with covered pathway surrounded by garden ...



Two attached Treatment Rooms in each block, ensure better protected care for each patient ...





Treatments Offered at vaidyagrama...

*** PANCHAKARMA**

*** PURVAKARMA**

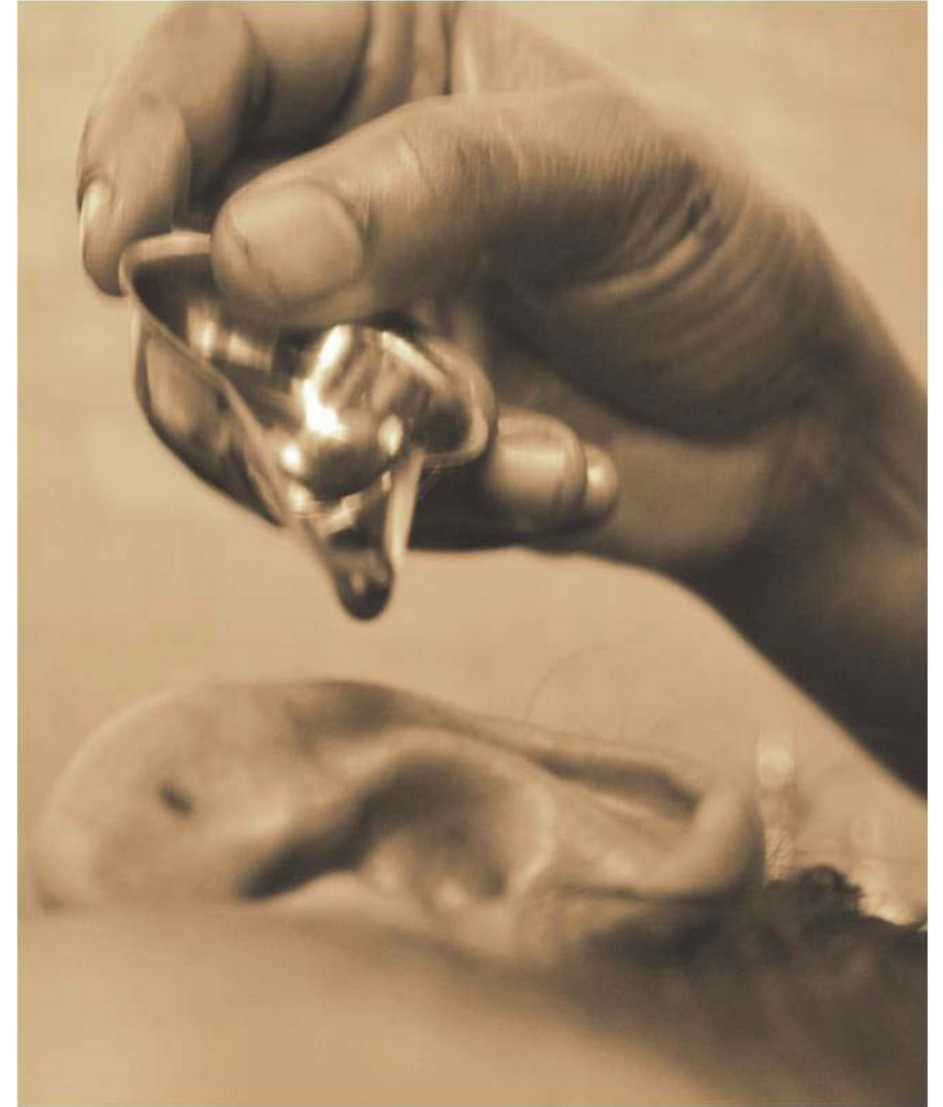
*** PRADHANA KARMA**

*** PASCHAT KARMA**

&

•SPECIAL PROCEDURES

...All as per patient's medical requirement



Mandapam/ Satsang Hall

... where patients
and healing team
gathers for talks &
sessions/ satsangs





Brahma-Kamalam/ Prayer Hall
...where our Vaidya leads the
prayer for patients, twice a day



Vaidyagrama Healing for All...

**Experience
vaidyagrama's
wholesome healing for
7/14/21/28/35/42 days!**

**A personalised healing
experience created for
you!**

**Heal in Nature at
vaidyagrama!**

"REDUCE, REUSE, RECYCLE & RESTORE"



6 Recharge Wells



35 KW Solar Panel



Natural Light in the Rooms



Biogas



STP] 20000 Ltr/Day



Soap nuts



Damaged Mud Pots used as Trash Bins



Candles made
in house with
recycled
Thailam/oil



Compost Pits

* Cleaning clothes, floors and utensils with natural cleansers like Soap-nuts, Lemongrass Oil, Ash etc. respectively

FOOD

- * AYURVEDIC, SIMPLE & HEALTHY
- * EASILY DIGESTIBLE & NUTRITIOUS
- * COOKED IN YELLOW FLAME OF RECYCLED BIO-MASS BRIQUETTES



OUR AYURVEDA MEDICINES

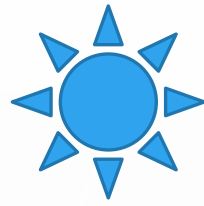


- TRADITIONAL CLASSICAL COMBINATIONS FROM GMP CERTIFIED COMPANY
- INDIVIDUAL COMBINATIONS ARE FRESHLY PREPARED AND GIVEN



Patients have a happy ritual of planting a sapling & adding to Nature in vaidyagrama...

**Happy Patients' moments in
vaidyagrama...**



Also on a Global Mission...

Supporting the Surrounding Communities in association with our
Punarnava Ayurveda Trust & Vaidyagrama Community Trust...

- ❖ **Project Annam** - Daily free mid-day meals to 150 elderly villagers for past 5 years
- ❖ **Balagrama** - Home for 16 boys from troubled homes in nearby villages
- ❖ **Monthly Free Ayurveda Medical Camps & Community Lunch**
- ❖ **Free Ayurveda Clinic**
- ❖ **Eye Camps**
- ❖ **Lakshmigramam** – Protecting ‘desi cows’
- ❖ **Natural Farming**

SOCIAL ACTIVITIES TOO...

- COMMUNITY BUILDING IN THE WHOLE VILLAGE, & SUPPORTING WITH...
 - CHILDREN'S EDUCATION,
 - WOMEN EMPOWERMENT,
 - EMPLOYMENT OPPORTUNITIES,
 - ELDERLY CARE,
 - HEALTH AWARENESS & CARE,
 - CREATING BASIC AMENITIES,
 - NATURAL LIVING AWARENESS
- TAKING ALL TOWARDS A GLOBAL COMMUNITY!





vaidyagrāma
। सर्वे भवन्तु सुखिनः।





**SARVE BHAVANTU SUKHINA:
...Vaidyagrama Ayurveda**